

HOMES & GARDENS®

**HOW TO
SLEEP BETTER**
COLOURS, LAYOUTS,
FURNITURE,
BEDDING AND TECH
- ALL YOU NEED
TO KNOW

Create a sanctuary

INTERIORS TO INSPIRE - COSY, CONSIDERED AND CHIC

ALL IS CALM

DECORATING
WITH GREEN

10 STEPS TO A
HYGGE HOUSE

WHERE TO SHOP
FOR WELLNESS



SMART STORAGE

THE MOST STYLISH
WAYS TO BRING
ORDER TO YOUR
LIVING ROOM

JANUARY 2023

A SOCIAL AFFAIR

THE KITCHEN IS CERTAINLY THE HUB OF THE HOME, SO WHEN PLANNING TAKE NOTE OF THESE IDEAS FOR ENTERTAINING FAMILY AND FRIENDS



I IMPROVE FLOW

Activate the ergonomic benefits of curves to get the party flowing. 'A rounded island comes into its own when entertaining, especially in kitchens with multiple entrance/exit points, making it easier for guests to socialise and encouraging smooth transition between spaces,' says Shehryar Khan, director, Sheraton Interiors. 'A curved island can also include a more expansive seating area, allowing guests to comfortably eat and socialise around the island.' Bespoke painted **kitchen** with fluted island and terrazzo, from £25,000, Sheraton Interiors.

FEATURE LINDA CLAYTON