Essential

THE UK'S NUMBER 1 FEBRUARY 2019

BATHROOM BEDROON

LIGHT THE WAY
Kitchen lighting to finish
off that perfect scheme

BUYER'S GUIL TRADITIONAL AN MODERN COOKE

Bedroom STORAGE

Built-in and freestanding

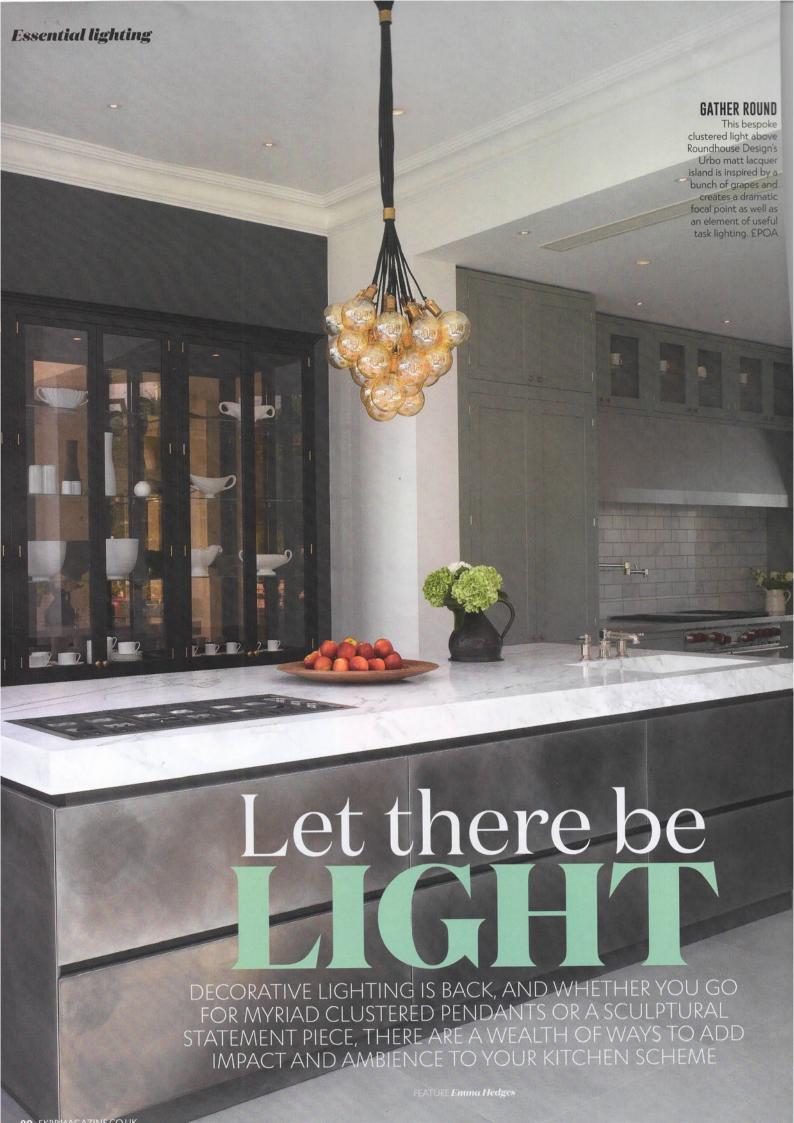
SMALL SPAC WITH BIG IMPA

## Braze 1000 Style 1000 Style

WIN A £15K KITCHEN WITH OPTIPLAN 🥢 DES

**DESIGNER INTERVIEWS** 

9 771354 0720







## CREATIVE DIRECTOR AT

When planning kitchen lighting, what are the key things to take into consideration? Firstly, consider the size and shape of the space you are designing and think about distributing the light sources evenly. We would recommend that your overhead lighting should be on a dimmer so that you can brighten up the room when cooking, but also lower it when you feel like it. This is particularly useful for open-plan spaces and kitchen diners so that softer ambient lighting can come into play when you're entertaining and at mealtimes.

What would you recommend for island lighting? I would recommend opting for pendants over your kitchen island. They add a strong visual statement but also create a shadow-free workspace. Make sure that you use modern LED bulbs - they will eliminate unwanted heat and also have a longer, more eco-friendly lifespan. Well-positioned wall sconces can bounce light off walls and cabinets in an attractive way to give gentle ambient lighting, while at the same time adding character to the setting.

What should you have to support statement lighting in other areas of the kitchen? Spotlights are ideal for task lighting and also for creating accents as they can be cleverly angled to illuminate key areas, and are especially useful in a long galley kitchen to give the illusion of more space.



## WORK OF ART

Left More like an art installation than a pendant, the fab sculptural Plena light, £880, takes its name from the Italian word for full moon and was created for Foscarini by designers Eugenio Gargioni and Guillaume Albouy

## SUSPEND BELIEF

Right Made using a craft-based process to wind ribbons of composite material, the Tress Grande, £1,302, was designed for Foscarini by Marc Sadler and comes in a variety of colours, including Greige, shown here

